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UF Internal Medicine Newsletter

Get to know your October Interns and Residents of the Month!



Sam Epstein, PGY-1

- Where are you from? "Los Angeles
- As a child, what did you want to be when you "grew up"? "Garbage Truck Driver"
- What is your favorite food? "Carne Asada
- Who is your role model (real or fictional) and why? "Abraham Verghese. I love his writing and think he has a special ability to make medical writing resonate with a non-medical audience
- Who is your starter Pokemon? "Bulbasaur"



JFHealth

Varsha Kurup, PGY-1

- Where are you from? "South Brunswick, New Jersey"
 As a child, what did you want to be when you "grew up"? "Vet"
- What is your favorite food? "Coffee, I know its not a food, but at this point it kinda is."
- What is something most people don't know about you? "I buzzed my hair for fun."
- What is your favorite dessert? "Tiramisu"





Harris Khan, PGY-3

- As a child, what did you want to be when you "grew up"? "Fighter Pilot"
- What is something most people don't know about you? "I was in a major 3 train accident while on vacation in middle school."
- What is your life motto? "Gotta risk it for the biscuit."
- Who is your starter Pokemon? "Magikarp or Slowpoke. I expect both would taste delicious on the grill."
- Favorite vacation spot (pre-COVID)? "Thailand"



Congratulations Corner!

Special shout out and congratulations to our very own <u>Jordan Minish</u> for winning the 2020 UF GME Innovation of the Year

Award for her work on the **Clinician Educator Track!**

Does this mean her dogs Joey and Ducky get extra treats?





QUESTION OF THE MONTH

Topic: General IM

Answer at the bottom of newsletter

A 44 year old man is evaluated during a visit for a 6 month history of low back pain. The pain worsens with standing and is relieved pain worsens with standing and is relieved by lying down. He describes the pain as a moderate ache. The pain does not radiate down his legs and he denies bowel or bladder dysfunction. The pain has interfered with his ability to work. He has tried acupuncture, spinal manipulation and stress reduction with minimal rolling.

Which of the following is the most appropriate pharmacologic option for this patient?

- Acetaminophen Duloxetine Hydrocodone
 - lbuprofen
- Tramadol

UF IM Residency Out and About!









Question of the Month Answer: D. Ibuprofen