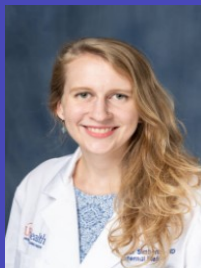


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UF Internal Medicine Newsletter

Get to know your August Interns and Residents of the Month!



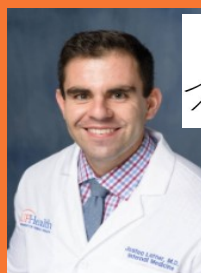
Tander Simberloff, PGY-1

- Where are you from? "Knoxville, TN"
- As a child, what did you want to be when you "grew up"? An actress (probably why I'm still so dramatic)
- What is something most people don't know about you? "I used to be a canoe instructor"
- Who is your starter Pokemon? "Eevee"
- Anything else you'd like to say? I'm only as good as my teachers-- which includes truly incredible seniors who floored me daily with the breadth of their knowledge and their ability to patiently lead, as well as co-interns who have been endlessly supportive and entertaining. A sincere thanks to all of you, you know who you are.



Joshua Latner, PGY-2

- Where are you from? "Alamo, CA"
- As a child, what did you want to be when you "grew up"? "I wanted to be a chef. My whole family loves to cook and try new foods. We watched a lot fo Food Network growing up."
- What is your favorite food? "The better question is what food do I not like. Wasabi. I don't like wasabi. But if I had to choose, it would probably be Hispanic or BBQ."
- What is something most people don't know about you? "I'm really interested in global health and have been on a number of trips to Latin America. Unfortunately mosquitoes like me and I've had the pleasure of acquiring dengue and zika on separate trips to the same place. Gotta catch 'em all?"



QUESTION OF THE MONTH

Topic: Nephrology

Answer at the bottom of newsletter

A 57-year old man is evaluated during a routine visit. History is significant for hypertension and medications are hydrochlorothiazide 25mg and amlodipine 5mg.

On physical exam, blood pressure is 135/86, pulse 70; other vital signs are normal. There is 1+ bilateral ankle edema.

Laboratory studies show a creatinine of 1.0mg/dL, serum potassium 3.6mEq/L and an eGFR > 60mL/min/1.73m².

Which of the following is the most appropriate treatment?

- Add Hydralazine
- Add Losartan
- Double Amlodipine to 10mg
- Double the Hydrochlorothiazide to 50mg

Closing the Loop

- The season is coming up! No not football season (although don't forget season opener vs. Ole Miss on 9/26). Residency interview season! While it will be virtual this season (Nov-Jan), be sure to get pumped and show what makes this program great!
- Speaking of virtual: Florida ACP and SGIM will be held virtually this year. Abstract deadline for Florida ACP is October 1st. Abstract deadline for SGIM TBD
- Flu season is here! Please don't forget to get your flu shot!

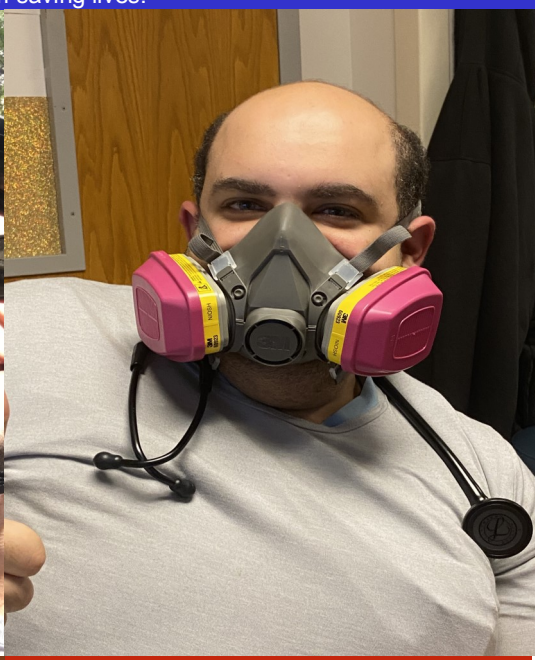
UF IM Residency Out and About!



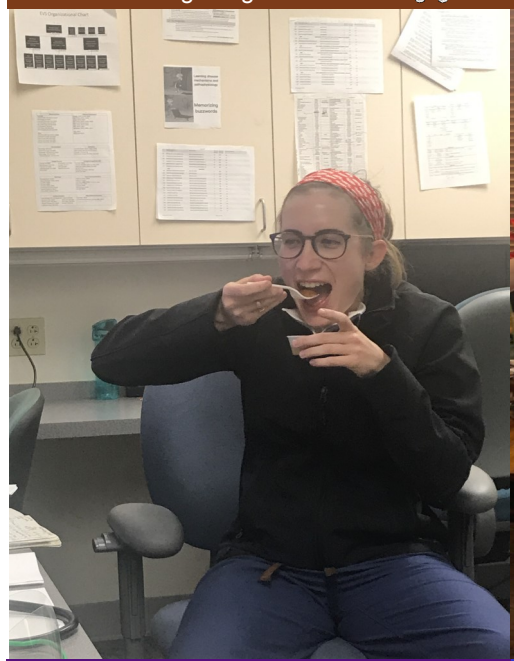
MICU team saving lives!



Biking the great outdoors 🚴



Caption This



Trying Gulab Jamun! (Highly recommend)



Blowing out (electronic) candles



#HarrisKhanSightings! The self proclaimed "Lord" of the Rings....

Question of the Month Answer: B. Add Losartan

Want to be featured in the next Gator Doc Periodical? We are looking for contributors and photos! #HarrisKhanSightings will be prioritized. Email Andy Lopez at Andres.Lopez@medicine.ufl.edu!