

GATOR DOC PERIODICAL

UF Internal Medicine Newsletter

FRIM Cooking Class

The members of the Female Residents in Internal Medicine (FRIM) group enjoyed a cooking class for their February social where they learned how to make ravioli!



FRIM Fast Facts!

- Founded by Azki Ali, Leigh Cagino, and Layla Abushamat, and supervised by Dr. Diane Goede.
- Past events include discussions about self-advocacy, negotiation, and conflict resolution.
- Events open to residents of all genders! #FRIM #FriendsOfFRIM
- March is National Women's History Month!



Get to know your January IOM/ROM!



Andrew Upchurch, PGY-1

- Favorite form of potato? Curly fries
- Current favorite wards song? Africa by Toto
- What farm animal would you be and why? Barn Cat. I like cats. My stance on barns is neutral.
- Hobbies? Civilization V/VI, audiobooks/podcasts, hiking, ultimate frisbee
- Who inspires you and why? Goku, enough said



Patrick Stoner, PGY-2

- Favorite form of potato? French fries
- Current favorite wards song? Let the Bodies Hit the Floor
- What farm animal would you be, and why? Per Dr. Case, a horned goat (don't know exactly why...)
- Hobbies? Guitar, weightlifting (come at me bro!)
- Who inspires you, and why? My wife because she puts up with me

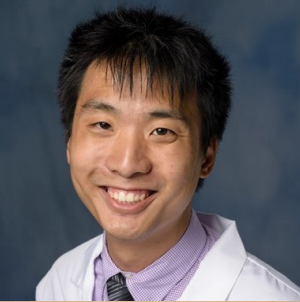
BEST GAINESVILLE HAPPY HOURS! *Tiffany Lambrou, PGY-2*



- ♦ **Sidecar** has all day Sunday classic cocktails (long list! old fashioned's, bees knees, vieux carre are my favorites, but you must try the BUCK NASTY!!) 4-7 pm on weekdays and ALL DAY SUNDAY.
- ♦ **Dragonfly** has an amazing cocktail called Musashi's paddle that is a spicy classic daiquiri/classic margarita that isn't made with sour mix. Also, they have several sushi rolls and appetizers (must get the wontons) that are pretty dang cheap compared to their regular prices. Happy hour Sun-Thurs 5-7 or Fri-Sat 4-5 (outside only).
- ♦ Surprisingly, **Mojo's** has great drinks (cocktails—The Odd Couple! and beer) and food that are priced well during happy hour. Monday-Friday 4-7 and all day Sunday.

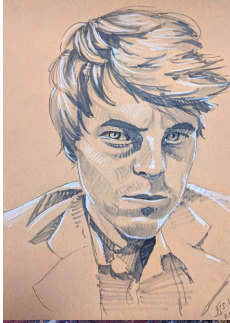
HONORABLE MENTIONS

1. **Crane Ramen**: \$10 Tuesdays for specialty and regular ramen bowls cheaper than regular menu prices, and drink specials 5-7 pm. Shochu 75 is real good.
2. **The Top**: unique beer variety with specials at a late happy hour on weekdays (after midnight), but a relatively good Sunday brunch with all day happy hour (beer and cocktails)
3. **Madrina's**: cocktails are hit or miss, but the classic daquiris are decent and they have a new menu for Spring. Weekdays 4-7pm and all day Sunday
4. **Boca Fiesta**: \$1 PBR's and cheap house margaritas. The food here is good, too. Monday-Sat 4-7pm and all day Sunday



Artist Spotlight: Simon Ho

Simon Ho was on Red Medicine in February 2018 when he began drawing portraits of IM co-residents and faculty. His drawings are done with only a sketchpad and markers, and they're completed in under an hour! You can find his artwork in the Red Medicine team room on the 8th floor, as well as the MICU workspace on 11-4!



#SelfiesWithSahil (kinda)



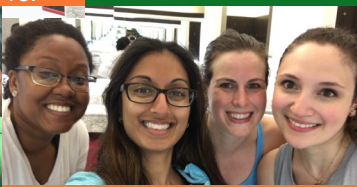
ACP Jeopardy Team 2018!



Lake Wauberg!



St. Patrick's Day!



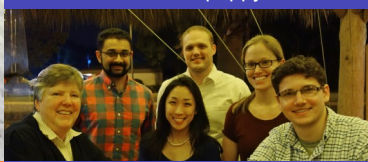
Hip hop class!



Nikhil and his new puppy, Biscuit!



Wellness volleyball!



January MGI!

Want to be featured in the next Gator Doc periodical? We are looking for contributors and photos! #SelfiesWithSahil will be prioritized. Email Faith Villanueva at faith.villanueva@medicine.ufl.edu!